

# Harmony in the Self (I)

# Activities of Self (I) में की क्रियायें

	Force / Power बल / शक्ति	Activity क्रिया	
Self (I) मैं	1.		Self verification on the basis of Natural Acceptance
Preconditioning मान्यता	2.		सहज स्वीकृति के आधार पर जांच कर
<b>Partantrata</b> परतंत्रता X	3. Desire इच्छा	<b>Imaging</b> चित्रण	<b>Swatantrata</b> स्वतंत्रता ✓
	4. Thought विचार	<b>Analysing</b> विश्लेषण	
	5. Expectation आशा	<b>Selecting/Tasting</b> चयन / आस्वादन	Imagination कल्पनाशीलता
Body शरीर			2. Sensation संवेदना
	Behaviour व्यवहार	Work कार्य	<b>Partantrata</b> परतंत्रता X

## Practical: List of Desires

Make a list of your desires

Categorize them as

- Need of Self (I) or need of Body
- Where are they originating from – Preconditioning, Sensation or Natural Acceptance

## Sum Up

The Self(I) has continuous activity of Desire, Thought & Expectation, together called Imagination

Behaviour/Work is an outcome of Imagination

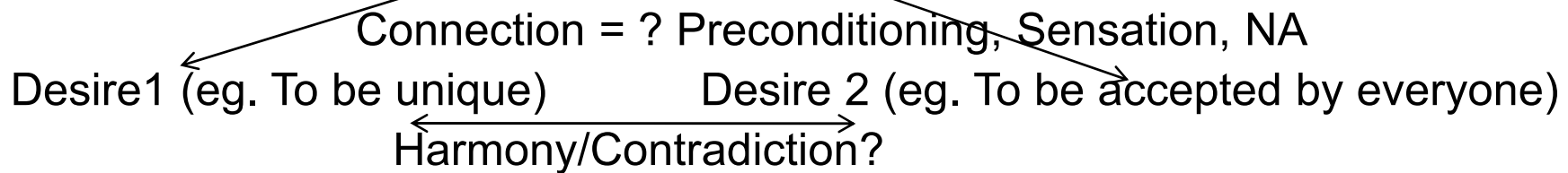
Imagination is motivated by Preconditioning, Sensation or Natural Acceptance

There is definiteness in imagination, if it is on the basis of Natural Acceptance. Then the behaviour/work is also definite. It is a state of Swatantrata

Imagination based on preconditioning or sensation is not definite. Then the behaviour/work is also indefinite. It is a state of Partantrata

# Harmony in the Self

Basic Desire (चाहना) – Happiness, Prosperity → Intact, Uncorrupted, invariant



Similarly between 2 thoughts, 2 selections

Between desire and thought, between thought and selection

The disharmony in these is unhappiness

Harmony in these is happiness

Harmony in the self = harmony within

between basic desire and sub-desires (desires are based on contemplation "What is my role/participation in existence")

Between desire and thought

Between thoughts

Between thought & selection

Between selections